

Interesting and Common Plants

Bog:

Trees:

Black Spruce (*Picea mariana*)*

Bushes and other woody plants:

Bog birch (*Betula glandulosa*)

Bog laurel (*Kalmia polifolia*)

Dwarf bog rosemary (*Andromeda polifolia*)

Labrador tea (*Ledum groenlandicum*)*

Leatherleaf (*Chamaedaphne calyculata*)

Herbaceous plants:

Pitcher-plant (*Sarracenia purpurea*)*

Small bog cranberry (*Oxycoccus microcarpus*)*

Sundew (*Drosera rotundifolia*)*

Mosses:

Peat Moss - various species (*Sphagnum sp.*)*

Marsh/Swamp/Fen - Wet Meadow:

Trees:

Tamarack (*Larix laricina*)

Bushes and other woody plants:

Willow several species (*Salix sp.*)*

Narrow leaved meadow sweet (*Spirea alba*)*

Herbaceous plants:

American horehound (*Lycopus americanus*)

Beggarticks (*Bidens cernua*)

Joe-Pye weed (*Eupatorium purpureum*)

Marsh hedge-nettle (*Stachys palustris*)*

Marsh scullcap (*Scutellaria galericulata*)

Mint (*Mentha arvensis*)*

Spotted touch-me-not (*Impatiens capensis*)*

Grass and grass like plants:

Cattail (*Typha latifolia*)*

Marsh reed grass (*Calamagrostis canadensis*)

Narrowleaf bur-reed (*Sparganium angustifolium*)

Sedge Several species (*Carex sp.*)

Spike rush (*Eleocharis palustris*)

Tall manna grass (*Glyceria grandis*)

Lake (shore and water):

Bushes and other woody plants:

Speckled alder (*Alnus incana ssp.rugosa*)*

Sweet gale (*Myrica gale*)*

Willow various species (*Salix sp.*)

Herbaceous plants:

Arrowhead (*Sagittaria cuneata*)*

Bladderwort (*Utricularia sp.*)

Blue flag (*Iris versicolor***)

Duck weed (*Lemna minor, L. trisulca*)*

Duck weed (*Spirodela polyrhiza*)*

Fragrant White water lily (*Nymphia odorata*)

Pond weed (*Potamogeton sp.*)

Silver weed (*Potintilla anseria*)*

Smartweed (*Polygonum amphibium*)*

Water arum (*Calla palustris*)

Water Hemlock (*Cicuta bulbifera***)

Water parsnip (*Sium suave*)

Water plantain (*Alisma plantago-aquatica*)

Yellow pond lily (*Nuphar variegatum*)*

Grass and grass like plants:

Great bulrush (*Scirpus validus*)*

Sedge various species (*Carex sp*)

Sweet flag (*Acorus calamus*)*

Wild rice (*Zizania aquatica*)*

Dry Forest - Open Sites:

Trees:

Bur oak (*Quercus macrocarpa*)*

Jack pine (*Pinus banksiana*)*

White spruce (*Picea glauca*)*

Bushes and other woody plants:

Bearberry (*Arctostaphylos uva-ursi*)*

Bush honeysuckle (*Diervilla lonicera*)*

Common blueberry (*Vaccinium myrtilloides*)*

Common juniper (*Juniperus communis*)*

Dogbane (*Apocynum androsaemifolium*)*

Pin cherry (*Prunus pensylvanica*)*

Sand cherry (*Prunus pumila*)*

Smooth sumac (*Rhus glabra*)*

Sweet blueberry (*Vaccinium angustifolium*)*

Twining honeysuckle (*Lonicera dioica*)*

Herbaceous plants:

Alumroot (*Heuchera richardsonii*)

Bristly sarsaparilla (*Aralia hispida*)*

Brittle Prickly-pear (*Opuntia fragilis*)*

Checker berry (*Gaultheria procumbens*)*

Columbine (*Aquilegia canadensis*)

Common harebell (*Campanula rotundifolia*)

Cow-wheat (*Melampyrum lineare*)*

Evening primrose (*Oenothera biennis*)*

False buckwheat (*Polygonum scandens*)*

Fireweed (*Epilobium angustifolium*)*

Pink corydalis (*Corydalis*

sempervirens)

Prince's pine (*Chimaphila umbellata*)*

Pussytoes various species

(*Antennaria sp*)

Rusty woodsia fern (*Woodsia*

ilvensis)

Spike moss (*Selaginella rupestris*)

Strawberry (*Fragaria virginiana*)*

Three-toothed cinquefoil (*Potentilla tridentata*)

Wild onion (*Allium stellatum*)*

Yarrow (*Achillea millefolium*)*

Grass and grass like plants:

Big bluestem (*Andropogon gerardi*)

Poverty oat grass (*Danthonia spicata*)

Rough hair grass (*Agrostis scabra*)

Tufted hair grass (*Deschampsia caespitosa*)

Wheat grass several species

(*Agropyron sp.*)

Mosses/Lichens:

Big Red Stem (*Pleurozium schreberi*)

Bryum

Crust lichen (*Rhizocarpon sp*)

Green shield lichen (*Xanthoparmelia sp*)

Juniper hair-cap (*Polytrichum sp*)

Orange lichen (*Xanthoria sp*)

Pelt lichens (*Peltigera sp*)

Reindeer lichen/pixie cups (*Cladonia sp*)

Rock tripe (*Umbilicaria sp*)

Shield Lichen (*Parmelia sulcata*)

Mesic Forest - Open Wooded:

Trees:

Balsam fir (*Abies balsamea*)*

Large-Tooth Aspen (*Populus grandidentata*)*

Paper birch (*Betula papyrifera*)*

Trembling aspen (*Populus tremuloides*)*

Bushes and other woody plants:

Alder (*Alnus sp.*)*

Beaked hazelnut (*Corylus cornuta*)*

Choke cherry (*Prunus virginiana*)*

Downy arrowwood (*Viburnum rafinesquianum*)
 High bush cranberry (*Viburnum trilobum*)*
 Northern gooseberry (*Ribes oxycanthoides*)*
 Poison ivy (*Toxicodendron rydbergii*) **
 Raspberry (*Rubus idaeus*)*
 Rose several species (*Rosa sp.*)*
 Saskatoon (*Amelanchier alnifolia*)*
 Skunk current (*Ribes glandulosum*)*
 Spotted dogwood (*Cornus rugosa*)

Herbaceous plants:

Bedstraw (*Galium sp.*)*
 Bindweed (*Convolvulus sepium*)
 Bluebead lily (*Clintonia borealis*)*
 Bracken fern (*Pteridium aquilinum*)* **
 Canada thistle (*Cirsium arvense*)*
 Dewberry (*Rubus pubescens*)*
 Fairybells (*Disporum trachycarpum*)
 False solomon's seal (*Smilacina stellata*)*
 Fringed aster (*Aster ciliolatus*)
 Giant hyssop (*Agastache foeniculum*)
 Goldenrod several sp. (*Solidago sp.*)*
 Graceful cinquefoil (*Potentilla gracilis*)
 Lady's slippers (*Cypripedium*)
 Lily-of-the-valley (*Maianthemum canadense*)
 Panicked aster (*Aster simplex*)
 Peavine (*Lathyrus japonicus*)*
 Philadelphia fleabane (*Erigeron philadelphicus*)
 Sarsaparilla (*Aralia nudicaulis*)*
 Tall meadow rue (*Thalictrum dasycarpum*)
 Twinflower (*Linnaea borealis*)
 Twisted stalk (*Streptopus lanceolatus*)
 Violet several species (*Viola sp.*)*
 White clover (*Trifolium repens*)*
 Wild vetch (*Vicia americana*)
 Wintergreen various (*Pyrola sp.*)

Grass and grass like plants:

Canada wild rye (*Elymus canadensis*)
 Fringed brome (*Bromus ciliatus*)
 Indian Rice Grass (*Oryzopsis hymenoides*)
 Kentucky blue grass (*Poa pratensis*)

Mosses/Lichens:

Broom moss (*Dicranum sp.*)
 Stair step moss (*Hylocomium splendens*)
 Green shield lichen (*Flavoparmelia sp.*)

Moist Forest - Rich Forest:

Trees:

Eastern White Cedar (*Thuja occidentalis*)

Bushes and other woody plants:

Moose berry (*Viburnum edule*)*
 Mountain maple (*Acer spicatum*)
 Wild black current (*Ribes americanum*)*
 Wild red current (*Ribes triste*)*

Herbaceous plants:

3-leaved false solomon's seal (*Smilacina trifolia*)*
 Arrow leaved coltsfoot (*Petasites sagittatus*)
 Baneberry (*Actea rubra*)
 Blunt-leaved sandwort (*Arenaria lateriflora*)
 Bunchberry (*Cornus canadensis*)*
 Buttercup (*Ranunculus macounii*)
 Canada anemone (*Anemone canadensis*)
 Club moss (*Lycopodium annotinum*)
 Fringed loosestrife (*Lysimachia ciliata*)
 Goldthread (*Coptis trifolia*)
 Ground cedar (*Lycopodium complanatum*)
 Ground pine (*Lycopodium obscurum*)
 Horsetail various species (*Equisetum sp.*)
 Indian-pipe (*Monotropa uniflora*)
 Lady fern (*Athyrium filix-femina*)
 Long-leaved chickweed (*Stellaria longifolia*)*
 Marsh marigold (*Caltha palustris*)
 Northern starflower (*Trientalis borealis*)
 Palmate-leaved coltsfoot (*Petasites palmatus*)
 Snake root (*Sanicula marilandica*)*
 Wild ginger (*Asarum canadense*)*

Mosses/Lichens:

Electrified cats tail (*Rhytidiadelphus triquetrus*)
 Old man's beard lichen (*Usnea sp.*)
 Peat moss various species (*Sphagnum sp.*)
 Tree moss (*Climacium dendroides*)

*Plants of interest

**Poison plants

**Mantario Wilderness
 Experience - Interesting and
 Common Plants.**

Charles Burchill

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The plants in this list are identified by their common name with the Latin, or scientific name, in parenthesis. The plants are grouped in broad categories representing the type of environment with which they are usually associated. Plants in these groups do not necessarily grow in the same area or community. This list does not represent all of the plants found in the Mantario region. A number of books are available for further information on each of the plants and plant communities. The Whiteshell area is often classed as part of the Boreal forest region, but there are many similarities to the Great Lakes-St. Lawrence forest region, a number of plants representative of Aspen Parkland are also common.



See: <http://home.cc.umanitoba.ca/~burchil/mantario/>