WHICH PSYCHOLOGY DEGREE IS RIGHT FOR YOU?
OVERVIEW

- Which Faculty?
  - Science or Arts

- Which Degree?
  - 3 yr, 4 yr, Honours

- Program Requirements

- What Can I do with the Degree?

- Graduate Degrees in Psychology

- Applying to Graduate School
All psychology courses are the same whether you go through the Faculty of Science or the Faculty of Arts

Science – recommended if your interests are in
- Brain and Cognitive Sciences
- Quantitative/Methodology Psychology
- Medicine

Arts – recommended if your interests are in
- Developmental Psychology
- School Psychology
- Social and Personality Psychology
- Business
- Law
Either Science or Arts
- Clinical Psychology
- Counselling Psychology
- Applied Behaviour Analysis
B.A. (General) – 3 year degree
- Provides a general education in the social sciences
- Provides students with employability skills
  - oral and written communication skills
  - critical thinking, problem solving
  - basic numeracy
  - information literacy
- Does NOT normally prepare students for graduate studies
  - Law may accept
B.A. (Advanced) or B.Sc. (Major) – 4 years

- Provides a general education along with a degree of specialization in Psychology

- Provides students with employability skills
  - oral and written communication skills
  - critical thinking, problem solving
  - basic numeracy
  - information literacy

- Does NOT normally prepare students for graduate studies in Psychology
  - Accepted by Law, Medicine, Business, Physiotherapy, Education
B.A. (Honours) or B.Sc. (Honours) – 4 years

- REQUIRED for students seeking entrance to graduate study in Psychology

- DESIGNED for graduate study in Psychology - high degree of specialization in Psychology
  - Research intensive

- Provides students with employability skills
  - oral and written communication skills
  - critical thinking, problem solving
  - basic numeracy
  - information literacy
  - broad knowledge of Psychology
Listed on the Department of Psychology website – undergraduate program
- [http://umanitoba.ca/faculties/arts/departments/psychology/index.html](http://umanitoba.ca/faculties/arts/departments/psychology/index.html)

3 Year – 30 credits in Psychology
- PSYC 1200, 2250, 2260, 4 of 5 categories, 2 courses 2000 or 3000

4 Year – 48 credits in Psychology
- PSYC 1200, 2250, 2260, 5 of 5 categories, 7 courses 2000 or 3000

Honours – GPA > 3.5, B in 2260
- PSYC 1200, 2250, 2260, 5 of 5 categories
- Year 3: PSYC 3200, 3340, 3630
- Year 4: PSYC 4520, 3 courses 4000
- 3 to 5 other psychology courses
DEGREE ADVISING

- Psychology degree requirements
  - Michelle Wright (Undergraduate Student Advisor)
    - P435A Duff Roblin
  - Dr. Morry (Associate Head – Undergraduate)
    - P508 Duff Roblin

- Advising office hours and email
  - [http://umanitoba.ca/faculties/arts/departments/psychology/index.html](http://umanitoba.ca/faculties/arts/departments/psychology/index.html)

- Faculty of Arts/Science advisors verify psychology and non-psychology degree requirements
WHAT CAN I DO WITH MY DEGREE

- Listed on the Department of Psychology website – undergraduate program
  - [http://umanitoba.ca/faculties/arts/departments/psychology/index.html](http://umanitoba.ca/faculties/arts/departments/psychology/index.html)
  - All see the Canadian Psychological Association website [http://www.cpa.ca/students/career/careersinpsychology](http://www.cpa.ca/students/career/careersinpsychology)

- Psychology Related Positions
  - Support Worker
  - Respite Worker
  - Research Assistant/Lab Manager
    - *Research experience, often honours required
  - Autism Tutor (high school)
  - Senior Autism Tutor (4-year Major)
  - Behavioural Technician (4-year Major)
    - *Behaviour Modification Principles, Behaviour Modification Application
Non-Psychology Related Positions

- Advertising
- Business Analyst
- Civil Servant
- Community Organization
- Consulting
- Correctional Services
- Financial Sector
- Human Resources
- Insurance
- Law Enforcement
- Military
- Market Research
- Social Services
GRADUATE DEGREES IN PSYCHOLOGY

- **M.A. or M.Sc.** – typically 2 years
  - Most programs are research based
  - School Psychology has both a thesis and non-thesis stream

- **Ph.D.** – typically 4-6 years after the Masters
  - Most programs are research based
  - Psy.D. programs (mostly in the USA) are non-research based
  - Clinical psychology involves a 1 year internship (usually elsewhere)
ACADEMIC AND NONACADEMIC CAREERS

- Academic Careers
  - Requires a Ph.D.
  - Universities focus on research, colleges focus on teaching
  - In applied areas also includes supervision of practicum and may have own practice on the side

- Practice – hospitals, schools, private practice, etc.
  - Typically requires a Ph.D. to use the title Psychologist
  - Psychological Associate – M.A. (requires 5 years supervision)
  - School Psychology – M.A.
  - Autism Consultant or Behavioural Analyst – M.A.
NONACADEMIC CAREERS

- Uses the skills you’ve learned
- Some recent examples on the department website
  - http://umanitoba.ca/faculties/arts/departments/psychology/index.html

- Behavioural Scientist
- Business Analyst
- Quantitative User Experience Researcher
QUESTIONS SO FAR?
APPLYING TO GRADUATE SCHOOL

- Takes a lot of time to get everything together – start early
  - [http://umanitoba.ca/psychology/](http://umanitoba.ca/psychology/)

- Competitive Degrees – not everyone will get accepted
  - 2015 clinical 39 applicants 3 accepted

- Apply to multiple universities

- Honours Degree required

- Pre-Masters – last accepted individual about 7 years ago
- GPA often > 3.75
  - 2015 Clinical 4.09 average

- **Funding usually requires GPA > 3.75**

- **GRE – often equally weighted with GPA**

- **Letters of Reference – 2 or 3 academic references**

- **Work Experience – research beyond honours thesis, volunteer or paid experience in related area, committee work**

- **Curriculum Vitae (CV)**
FUNDING

- **Internal Awards** - Check with the Graduate Office at each school
  - University of Manitoba Graduate Fellowships (UMGF)
  - Departmental Awards
  - Research and Teaching Assistantships

- **External Awards**
  - Natural Sciences and Engineering Research Council of Canada (NSERC)
  - Social Sciences and Humanities Research Council of Canada (SSHRC)
  - Canadian Institutes of Health Research (CIHR)
  - Provincial Awards
    - Manitoba Graduate Scholarships (MGS)
    - Manitoba Health Research Council (MHRC)
In your 3rd year, write the GRE this summer, or next fall

- [http://www.ets.org/gre](http://www.ets.org/gre)

**General Test**
- Computerized; allow 10-15 days for results to be mailed

**Subject Test**
- Not needed by most places
- Written format; only available three times a year

**Practice, Practice, Practice**

**$$$ - know where you want to apply to when you write**
COMPONENTS TO THE GRE

- **Verbal Reasoning:** ability to analyze and evaluate written material; synthesize information
  - 2015 Clinical - 160

- **Quantitative Reasoning:** problem-solving ability, focusing on basic concepts of arithmetic, algebra, geometry and data analysis
  - 2015 Clinical - 149

- **Analytical Writing:** critical thinking and analytical writing skills, ability to articulate and support complex ideas clearly and effectively
  - 2015 Clinical – 5.33
COMPONENTS OF A CV

- Name, address, etc.
- Degrees held – when, thesis title
- Funding
  - Scholarships, Bursaries, Awards
    - PURE, URA
- Publications
  - If nothing drop heading
- Conferences
  - UofW - Prairie Undergraduate Conference
  - UofM – Undergraduate Poster Competition
- Research Experience
  - Paid
  - Volunteer
- Committee work
- Other Professional Experience
Curriculum Vitae (Academic)

Name

Home Address
Street
Winnipeg, MB, Postal Code
Phone: (204) XXX-XXXX
e-mailname @myumanitoba.ca

QUALIFICATION PROFILE

I am currently enrolled as a full-time B.A. student and am finishing my honours degree at the University of Manitoba under the supervision of Dr. XXX.

EDUCATION

Cumulative Graduate GPA: X.XX
Bachelor of Arts Honours (Expected Graduation date June, XXXX) - Title

FELLOWSHIPS AND AWARDS

Name of Award, Organization, Year-Year ($)  
Dean's Honour List, University of Manitoba, Year-Year

PUBLISHED MANUSCRIPTS IN REFEREED JOURNALS

Authors (Year). Title. Journal Name, volume, page numbers.

CONFERENCE PRESENTATIONS

Oral Presentations
Name. (Month Year). Title. Talk given at the Conference name, Winnipeg, Manitoba, Canada.

Posters Presented
Name. (Month Year). Title. Poster presented at Conference Name, Winnipeg, Manitoba, Canada.

RESEARCH EXPERIENCE

Volunteer Research Assistant  Sept 2011 - Present  Dr. Morry’s Laboratory
Department of Psychology, University of List your duties

COMMITTEE WORK

Title  Sept 2012 -- Present
Position(s)

OTHER PROFESSIONAL EXPERIENCE

Peers, Klinic, Respite, Etc.  From – To
Describe the position/work
QUESTIONS?

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